



MAROONA PRIMARY SCHOOL NEWSLETTER

Wednesday April 21st, 2021

Number 6, 2021

To access our newsletter online, please visit the school's website: www.maroonaps.vic.edu.au

Our school promotes an atmosphere of learning and friendship and provides a safe, inclusive and engaging environment where all are respected and valued.

HONESTY

KINDNESS

RESPECT

EXCELLENCE

PRINCIPAL'S REPORT

Dear families and community members,

It's great to have everyone back on deck after a well earned Easter holiday. I've enjoyed hearing about everyone's amazing holiday adventures. Term two shapes as another fast-paced time for our students as we look to build on a positive start to the year and quickly re-establish learning routines.

Thank you to those who attended our end of term expo and assembly. It was great to reflect on a jam-packed, productive term and celebrate our many successes. Top of the list for many was winning the Athletics Carnival at Lake Bolac in the penultimate week of term—a reflection of everyone's unfaltering commitment and hard work. Congratulations to



our students for their training efforts leading up to the day, their endeavour and perseverance throughout the carnival and their team spirit. I would also like to acknowledge the staff who put in a mountain of work prior to the carnival as well as coordinating the running of the day. Finally, a big

thank you to our parent community for supporting our children on the day. Special thanks to the parents who assisted with training on Tuesday afternoons; especially Simone King, Karen Armstrong and Amy Barr—your support was invaluable and ensured the training sessions were

successful. Photos from the athletics, end of term expo and assembly are inside the newsletter.



Next on the sporting agenda, is the interschool cross country, which will take place this Friday at Moyston Primary School. Students in the 9,10,11 and 12 year old age groups have the opportunity to qualify for the Black Ranges Cross Country later this term. Information about the group day at Moyston has been sent home. Plans have also begun for the Black Ranges Winter Sports, which will involve our Grade 5 and 6 students.

We are planning on doing two monster walks this term, one in May and one in June. If you are interested in hosting a monster walk or have any suggestions for local walks, please let us know.

Finally, our front garden has been given a timely upgrade. Thanks to Allison Barr and Team for your work. It looks great.

Kind Regards,

Darren

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Upcoming Events

April/May

19 <i>Term Two commences</i>	20	21 MARC	22	23 Group Day at Moyston
26	27	28	29	30 Hopkins River Excursion
3	4	5 MARC <i>Black Ranges Cross Country</i>	6	7 Group Day at Maroona
10	11 NAPLAN	12 NAPLAN	13 NAPLAN	14 NAPLAN

Other Dates to note

*Pupil Free Day—Tuesday 18th of May
School Council—Wednesday 19th of May
Queen's Birthday—Monday 14th of June
Last day of term—Friday 25th of June*



HAPPY BIRTHDAY



*William Barr (8) - April 3rd
Darren Beer—April 20th*



Senior School Shoutout

Congratulations *Emily, Julianne, Jasmine, Jack, Grace, Hamish, Archie, Olivia, Danielle, Charlotte, Emily and Kate* on achieving your recent reading milestones. It was great to see so many families keeping up the reading over the holidays.



Our Soundwaves focus for this week is the consonant sound: *d, dd*

Next week, our focus is the vowel sound: *i*

The benefits of mindfulness

Every school day at Maroona begins with a meditation. This allows us to practise mindfulness and reinforces the importance of being in the moment.

The mental benefits of mindfulness include:

- ⇒ reduces depression
- ⇒ reduces anxiety
- ⇒ improves decision making
- ⇒ improves ability to focus
- ⇒ reduces drug/alcohol abuse

The physical benefits of meditation include:

- ⇒ relieves stress
- ⇒ prevents heart disease
- ⇒ lowers blood pressure
- ⇒ reduces chronic pain
- ⇒ improves sleep
- ⇒ makes you less nervous

THE

**RESILIENCE
PROJECT**

TM

Learning Expo and Assembly



LBDPSSA
Carnival

